



WHEREAS park and recreation is an integral part of communities throughout this country, including Rockville, Maryland; and

WHEREAS park and recreation promotes health and wellness, improving physical and mental health, time spent in nature, positively impacts mental health by increasing cognitive performance and well-being, and alleviating illnesses such as depression, attention deficit disorders, and Alzheimer's; and

WHEREAS park and recreation encourages physical activities by providing space for sports, hiking trails, swimming pools and many other activities designed to promote active lifestyles; and

WHEREAS park and recreation programming and education activities, such as out-of-school time programming, youth sports, and environmental education, are critical to childhood development; and

WHEREAS park and recreation increases a community's economic prosperity through increased property values, expansion of the local tax base, increased tourism, the attraction and retention of businesses, and crime reduction; and

WHEREAS park and natural recreation areas are fundamental to the environmental well-being and natural recreation areas provide adaptable infrastructure that makes our communities resilient in the face of natural disasters; and

WHEREAS the U.S. House of Representatives has designated July as Park and Recreation Month; and

WHEREAS the City of Rockville recognizes the benefits derived from park and recreation resources.

NOW THEREFORE, the Mayor and Council of Rockville Maryland, do hereby proclaim **July 2025**, as **Park and Recreation Month**, and urge everyone to take full advantage of our beautiful park and recreation facilities and amenities, now and throughout the year!




Monique Ashton, Mayor


Kate Fulton, Councilmember


Izola (Zola) Shaw, Councilmember


Barry Jackson, Councilmember


Mahsa Valeri, Councilmember


David Myles, Councilmember


Adam Van Grack, Councilmember

July 14, 2025