



WHEREAS, despite advances in medical technology and research, men's life expectancy continues to average five years less than women's, with men of Native American and African American ethnic backgrounds having the lowest life expectancy overall; and

WHEREAS, educating the public about the importance of a healthy lifestyle and early detection of male health issues will assist in reducing the number of deaths caused by detectable and preventable diseases; and

WHEREAS, men who understand the important role that preventative health can play in prolonging their lifespan and role as productive family members, will be more likely to participate in health screenings; and

WHEREAS, **Men's Health Week**, ends with Father's Day, to celebrate fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; therefore; and

WHEREAS, Men's Health Network worked with Congress to develop a national men's health awareness period as a special campaign to help educated men, boys, and their families about the importance of positive health attitudes and preventative health practices

NOW, THEREFORE, the Mayor and Council of the City of Rockville, Maryland, do hereby proclaim **June 9-15, 2025, Men's Health Week and June 2025 Men's Health Month**, and encourage the Rockville community to support increased awareness and the importance of a healthy lifestyle, regular exercise, and medical checkups for men and their families.




Monique Ashton, Mayor


Kate Fulton, Councilmember


Izola (Zola) Shaw, Councilmember


Barry Jackson, Councilmember


Marissa Valeri, Councilmember


David Myles, Councilmember


Adam Van Grack, Councilmember

June 2, 2025