



**WHEREAS**, the week of **April 7-13, 2025**, is the 30<sup>th</sup> anniversary of National Public Health Week, and this year's theme is **"It Starts Here"**; and

**WHEREAS**, since 1995, the American Public Health Association, through its sponsorship of National Public Health Week, has educated the public, policymakers, and public health professionals about issues important to improving the public's health; and

**WHEREAS**, public health professionals help communities prevent, prepare for, withstand, and recover from the impact of a full range of health threats, including disease and viral outbreaks, natural disasters, and disasters caused by human activity; and








**WHEREAS**, 6 in 10 U.S adults have a chronic disease and 4 in 10 have two or more; and health risks such as alcoholism, obesity, and tobacco use are the primary reason for 7 of every 10 deaths annually in the United States, and 90 percent of all intoxication deaths that occurred in Maryland were opioid-related; and

**WHEREAS**, a recent study of the post-pandemic era has resulted in increased symptoms of anxiety or depressive disorder, and many respondents felt their mental health needs were not being met, and rates of anxiety, depression, and substance abuse use disorder have increased since the beginning of the pandemic; and

**WHEREAS**, priority areas are: **It Starts Here: Your health is Our Mission, Climate Action Starts Here: Championing Resilience for Health, Health Equity Starts Here: Optimizing Health for All, Advocacy Starts Here: Amplifying Voices for Public health, and The Future of Public Health Starts Here: Strengthening the Public Health Workforce.**

**NOW, THEREFORE**, the Mayor and Council, of the City of Rockville, Maryland do hereby proclaim the week of **April 7-13, 2025**, as **National Public Health Week** in Rockville, Maryland, and call upon the residents of Rockville to observe this week by helping our families, friends, neighbors, co-workers, and leaders to better understand the value of public health and supporting great opportunities to adopt preventive lifestyle habits year-round.



 Kate Fulton, Councilmember	 Monique Ashton, Mayor
 Barry Jackson, Councilmember	 Izola (Zola) Shaw, Councilmember
 David Myles, Councilmember	 Marissa Valeri, Councilmember
	 Adam Van Grack, Councilmember

**April 7, 2025**